Phone: 250.314.6732 130 Chilcotin Road Kamloops, BC V2H 1G3 Fax: 250.314.6742 qhs@qwemtsin.org qwemtsin.org

COVID-19—Community Update

March 31, 2020

Update to our communities:

As you know we have all been ordered to stay at home and maintain physical distancing. This is an order from the Provincial Health Officer and we **ALL** must follow it in order to control the spread of COVID-19 and keep our families safe.

Therefore, Q'wemtsin Health Society remains closed but we are providing essential services. The phone is being answered for anyone that needs to speak with the **GP/NP** or the **mental health wellness** worker.

We have created an educational package in regards to self isolation, decreasing the spread and how to disinfect. We are moving these boxes to different mailbox sites for community members to access. Please help yourself and call the office if you have any questions.